

# NURSING HOME TRANSITION

Abilities in Motion (AIM) can help long-term care facilities with the Nursing Home Transition (NHT) process.

## HOW DOES NHT BEGIN?

The Nursing Home Transition process is triggered when a resident expresses a desire to leave the facility. AIM can provide general NHT information and can meet with the resident to discuss their options.



Arrangements to support residents' transition back to the community can be time-consuming. AIM NHT can take that burden from Social Services and ensure that barriers are resolved prior to the resident's day of discharge. Some of those barriers we address include:

### HOUSING ISSUES

Finding and securing appropriate and accessible housing based on the resident's specific needs.

### LONG-TERM HOME CARE

AIM NHT can facilitate the Waiver enrollment process & work with the Nursing Facility to ensure that all necessary services & supports are in place prior to discharge.

### INCOME ISSUES

AIM NHT can assist with obtaining information on community resources and income.

### HOME MODIFICATIONS

AIM NHT can coordinate Home Adaptations that make the home accessible and safe for the resident to return home.

### TRANSPORTATION & OTHER SERVICES

AIM NHT can assist with securing transportation and assist with ensuring the resident has a Primary Care physician and Pharmacy set up prior to discharge.

**Abilities in Motion has been providing Nursing Home Transition Services for over 10 years.**

AIM NHT is person-centered in our transitions. The resident drives their own transition and we encourage as much involvement from them, as they can provide. Abilities in Motion is a Center for Independent Living.



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